

Top 4 Gluten-free, Dairy-free Protein Powders



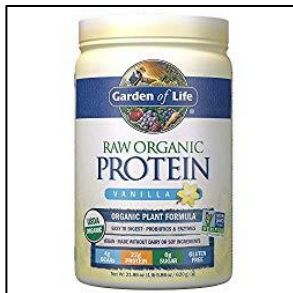
[Vega Protein and Greens](#)

This protein powder is made from plant-based ingredients, has 20 grams of protein in each serving, and ensures you get your greens every time you have a smoothie with spinach powder, organic kale powder, and broccoli. One serving is no more than 120 calories and contains zero grams of sugar. This is a top protein powder source, because it has no GMO's and has no artificial colors, sweeteners, or flavors.



[Purely Inspired Organic Protein Powder](#)

This protein powder is an excellent choice with 20g of plant-based protein from organic pea protein and organic brown rice. With no artificial sweeteners, colors, or flavors, you can ensure you're getting high-quality protein from organic ingredients from both fruits and vegetables and are all non-GMO. This option has 7 grams of fiber, 2 grams of sugar, and 130 calories and blends up easily into a smooth texture.



[Garden of Life Organic Vega Protein Powder](#)

This protein powder option has 22 grams of protein made from peas and sprouts, with no added sugar. It is also organic and gluten-free and dairy-free like the rest in this list. With 110 calories, this protein powder sets itself apart with 3 billion probiotics and enzymes, which makes it is an awesome protein powder choice for optimal digestion.



[Amazing Grass Organic Plant Based Vegan Protein Superfood Powder](#)

This protein powder contains 20g of protein from organic pea protein, quinoa, hemp, and chia. You can expect 120 calories plus 1 gram of sugar per serving with nutrient-dense fruits and veggies. This is a great protein powder option for those on a gluten-free dairy-free diet as its certified USDA organic and non-GMO.