

Tomato and Avocado Salsa



Time: 30 minutes

Serves: 4-6

Ingredients: 3 large tomatoes, chopped
3 large avocados, cubed
1 tablespoon of sesame seeds
1 teaspoon olive oil
1 teaspoon grated ginger
1/4 finely chopped red onion
1 tablespoon chopped fresh cilantro
1 tablespoon fresh lime juice
1/2 teaspoon jalapeno pepper (optional)
1/2 teaspoon olive oil
1/4 teaspoon salt
Gluten free tortilla chips

Directions:

1. Combine the above ingredients in a medium bowl. Cover and chill for at least 1 hour then serve with gluten free tortilla chips and enjoy.